



MOUNT ETNA
— CHILD AND FAMILY SERVICES —

2024-2025

**SPRING
PROGRAM
& SERVICES
GUIDE**



COLLEGE OF
PSYCHOLOGISTS AND
BEHAVIOUR ANALYSTS
OF ONTARIO

AccessOAP

OAP PROVIDER LIST

WHAT WE DO: HOLISTIC NATURALISTIC DEVELOPMENTAL BEHAVIOUR INTERVENTION & SUPPORT

Mount Etna Child & Family Services takes pride in being a distinctive company owned and operated exclusively by RBAs (Registered Behaviour Analysts) formerly known as Board Certified Behaviour Analysts (BCBAs) and Supervised Behaviour Therapists (Masters Level Professionals). Our unique approach sets us apart, ensuring that our team is comprised of experts dedicated to the well-being of neurodivergent children and teens on the autism spectrum. Our core methodology revolves around Naturalistic Developmental Behaviour Intervention, creating a dynamic, relationship based and effective framework for children, caregivers and educators.

Among our favoured programs are Evidence-Based Practices such as Early Start Denver Model (ESDM), Assessment of Basic Language and Learning Skills - Revised (ABLLS-R), Social Thinking, Triple P (Positive Parenting Program), Jolly Phonics, and Handwriting Without Tears, the AFLS (Assessment of Functional Living Skills) and so many more! These evidence-based practices guide our interventions, fostering growth and development in a holistic manner.

Our RBAs and clinicians specialize in supporting a variety of behaviours both at home, school and in the community. Whether it's enhancing communication skills, promoting social interactions, addressing challenging behaviours, or facilitating academic progress, our team is dedicated to tailoring interventions that suit the unique needs of each individual. From daily routines to school transitions, our teams bring knowledge to empower families and educators in creating environments where neurodivergent children can flourish.

2024-2025 FEE SCHEDULE

BASED ON AN HOURLY RATE

RBA DIRECT THERAPY \$145

.....
SUPERVISED THERAPIST \$80

+30 MIN RBA CASELOAD SUPERVISION +\$72.50 WEEKLY

SOCIAL GROUPS \$90-\$135
(PER 1.5-2 HOUR SESSION)

CDA SESSION \$125

SLP SESSION \$175

INITIAL RBA OR SLP \$370

ASSESSMENT
(INCLUDING GOAL
PLAN)

ADDITIONAL 30 MINS AT
REPORT CLINICIAN
WRITING RATE (+HST)

TRAVEL & MILEAGE FEES MAY
APPLY



CLIENT & CAREGIVER RESPONSIBILITIES

Family Services Handbook: Key Information & Policies

At Mount Etna Child & Family Services, we are committed to providing high-quality, personalized services to support your family's needs. To ensure smooth communication and continued progress, we've outlined important policies and responsibilities that all families should be aware of. Please review the following information carefully.

1. Service Contract Review

It is the family's responsibility to review the service contract every 3 months, starting from January 1st each year, this will be prompted to you in the JaneApp. Please note that there may be updates or changes to the contract, and it's essential that you stay informed about any adjustments that may apply to your services. This review is critical for maintaining continuity and clarity in the services we provide.

2. Billing and Payments

As of January 1st, please be aware of the following billing procedures:

- Clients with OAP or Extended Health Benefits: Sessions will be billed at the end of the session day. You will receive an invoice after the session is completed.
- Private Pay Families: Billing will be done weekly, every Friday, and any remaining balance will be processed. If there are any unpaid balances, you can expect a follow-up by the following Monday to resolve payment issues.
- Travel & Mileage fees outside of our clinic will apply (OAP reimbursable)

Preferred Billing Method: It is preferred that families directly pay for sessions and then reimburse through their extended health benefits. This helps to streamline the process and ensures you have direct control over the payment. However, if requested, we are happy to direct bill your extended health benefits provider on your behalf. Please reach out to our Family Care Coordinator, Katie Jury, to request direct billing if needed.

3. Communication

Email is our primary method of communication, and it's essential that families stay up to date on their inboxes to ensure no important information is missed. For any inquiries regarding:

- Billing or Payments
- Scheduling
- Absences or Administrative Matters

Please direct your questions to our Family Care Coordinator, Katie Jury, at:

Email: katie@mountetnachildservices.com

Katie will assist you with any administrative issues and provide support for scheduling and non-clinical concerns.

CLIENT & CAREGIVER RESPONSIBILITIES

Family Services Handbook: Key Information & Policies (Continued)

4. Scheduling

Please note that all scheduling is set for the entire block at the start. If any changes need to be made, these may be requested at the end of the block during the review meeting. This helps ensure consistency and allows us to manage our time and resources effectively.

Thank you for your attention to these policies and for your ongoing partnership in your child's growth and development. Should you have any questions or need clarification, please don't hesitate to reach out to us.

We look forward to working together to create a positive and successful experience for your family.

5. Parent Review Meetings

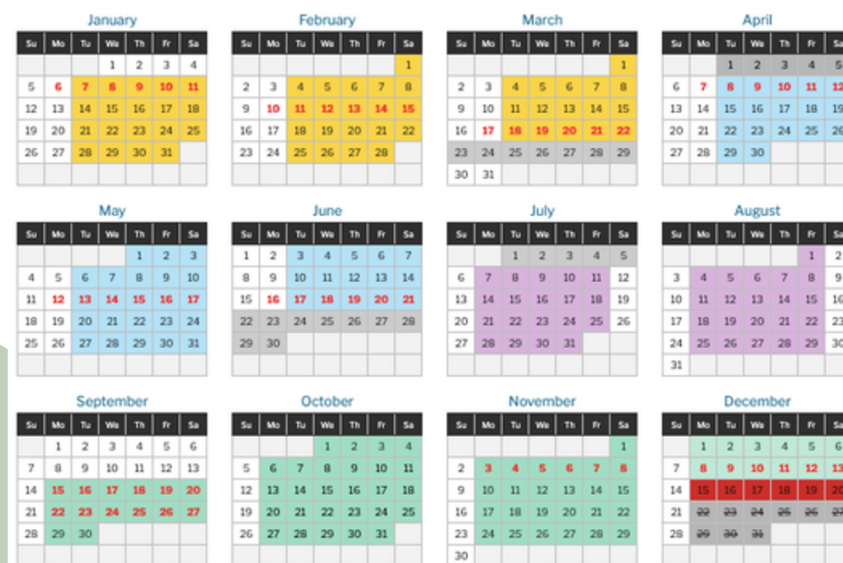
In place of clinical supervision, we hold three parent meetings per service block. These meetings are designed to ensure that you are fully informed and actively involved in your child's progress.

The meetings are as follows:

- Initial Meeting: A 1-hour meeting at the beginning of the block, which will also include a 1 hour goal setting and a write-up.
- Mid-Block Review: A 1-hour meeting 5-6 weeks into the block to assess progress and discuss any adjustments needed.
- Final Review: A 1-hour meeting at the end of the block, focusing on progress, continuity, and any potential changes to programming.

Please note: These meetings are highlighted in red and bold on the attached calendar. Your participation is essential to ensure that goals are being met and that we are adjusting the program as necessary for your child's success.

MECFS Annual Calendar 2025





TITAN'S TINKER LAB



**OAP
APPROVED
PROVIDER**
(SOME EXTENDED HEALTH
BENEFITS ACCEPTED)

A hands-on Arts & STEM program where children explore science, art, and design through creative, play-based learning. The lab is a space where imagination meets innovation, and every child is encouraged to explore with purpose.

**\$115
PER 1.5 HOUR
SESSION**

**MAX. 5
PARTICIPANTS**

Sample Goals:

- Promote problem-solving and play
- Develop executive functioning and fine motor skills
- Encourage communication and collaboration during activities

AFTERSCHOOL HOURS

**OSHAWA (TUES. & FRI.)
BOWMANVILLE (WED. & FRI.)
TORONTO (FRI.)**

**APRIL 1-JUNE
27 2025**

**FOR MORE INFORMATION OR
REGISTRATION**

MOUNTETNACHILDSERVICES.COM

289-943-4185





MOUNT ETNA
CHILD AND FAMILY SERVICES

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PROVIDER**
(SOME EXTENDED HEALTH
BENEFITS ACCEPTED)

SUMMIT SCHOLARS

**\$115
PER 1.5 HOUR
SESSION**

**MAX. 5
PARTICIPANTS**

An academic enrichment program that promotes executive functioning, early literacy, math, and cognitive skills through regulating and structured activities. Summit Scholars is designed to help children build a strong educational foundation while having fun and understanding their needs!

Sample Goals:

- Enhance focus and attention span in academic tasks
- Improve self-regulation & academic skills
- Build problem-solving skills in a group setting



AFTERSCHOOL HOURS

**OSHAWA (WED. & THUR.)
BOWMANVILLE (TUES. & THUR.)
TORONTO (MON-THUR.)**

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VULCANS VOLUNTEERS

**\$115
PER 1.5 HOUR
SESSION**

**MAX. 5
PARTICIPANTS**

A unique program designed for high-schoolers to engage in preparing for volunteer work, community service projects, and beyond. Participants will engage in online group activities to prepare the skills for the workforce, while learning the value of giving back to the community.

Sample Goals:

- Promote teamwork and leadership skills in an online setting
 - Enhance communication and social skills through virtual platforms
- Learn "hard" and "soft" skills of the workforce



**VIRTUAL
TUESDAYS
4:30-6:00PM**

**APRIL 1-JUNE
27 2025**

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MOUNT ETNA
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MAGMA movers

**OAP
APPROVED
PROVIDER**
(SOME EXTENDED HEALTH
BENEFITS ACCEPTED)

**\$115
PER 1.5 HOUR
SESSION**

**MAX. 5
PARTICIPANTS**

A fitness-focused program that incorporates movement-based activities to help children improve their coordination, physical health, and self-regulation. From Zumba to Yoga and more, children are encouraged to move their bodies while learning how to manage their energy and emotions.

Sample Goals:

- Improve physical and mental health
- Foster social skills through group activities
- Teach regulation techniques to manage arousal levels



**SATURDAYS
OSHAWA, YWCA**

**9:00-10:30 AGES 6-11
11:00-12:30 AGES 12-16**

**APRIL 12-JUNE
28 2025**

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PHOENIX PHONICS

OAP APPROVED PROVIDER
(SOME EXTENDED HEALTH BENEFITS ACCEPTED)

\$115 PER 1.5 HOUR SESSION

MAX. 5 PARTICIPANTS

A dynamic literacy program where children engage in storytelling, reading, and writing exercises to develop a love of reading and improve communication skills. Phoenix Phonics offers a creative space for children to grow their language skills in a playful, engaging way. Supported by materials such as Jolly Phonics, UFLI & The Queens Premier

Sample Goals:

- Strengthen reading comprehension and expressive language
- Improve social communication during group reading activities



OSHAWA
4:00-5:30PM

AGES 5-9

APRIL 10-JUNE 26 2025

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MOUNT ETNA
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MYTHIC MASKS

**OAP
APPROVED
PROVIDER**
(SOME EXTENDED HEALTH
BENEFITS ACCEPTED)

**\$115
PER 1.5 HOUR
SESSION**

**MAX. 5
PARTICIPANTS**

A drama and social skills program where children engage in role-playing, storytelling, and theater games to build empathy, communication, and social skills. Mythic Masks is a space for children to explore emotions, practice social interactions, and develop self-expression.

Sample Goals:

- Increase social initiation and interaction with peers
- Promote emotional regulation through role-play activities
- Develop flexibility and adaptability in social situations



**THURSDAYS
BOWMANVILLE
4:30-6:00PM**

AGES 7-12

**APRIL 10-JUNE
26 2025**

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MOUNT ETNA
CHILD AND FAMILY SERVICES

SPARKS & SPROUTS

A therapeutic respite play group that provides a calm, play-based environment for children to form early friendships. Through new ideas, activities and sensory experiences, children learn to manage and navigate the early social world.

**\$90
PER 2 HOUR
SESSION**

**MAX. 4
PARTICIPANTS**

Sample Goals:

- Early language, and communication
- Build social skills through sharing, turn-taking, and collaborative play
- Improve play skills through structured and unstructured activities

**SATURDAYS
OSHAWA
9:00-11:00AM**

AGES 3-5

**APRIL 12-JUNE
28 2025**

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OLYMPUS' OMELETS & OATS

A hands-on cooking program where children learn the importance of nutrition while developing practical cooking skills. From making simple snacks to full meals, children will gain independence in the kitchen and explore healthy food choices.

**\$115
PER 1.5 HOUR
SESSION**

**MAX. 5
PARTICIPANTS**

Sample Goals:

- Enhance fine motor skills through food preparation
- Promote independence and multi-step instruction following
- Encourage cooperation and social interaction during group cooking activities

**SATURDAYS
BOWMANVILLE
9:00-10:30AM**

AGES 7-12

**APRIL 5-JUNE
28 2025**

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Welcome to Mount Etna Child and Family Services

We are committed to providing high-quality, evidence-based services for children and families. This handbook outlines our service provisions, policies, and expectations to ensure a collaborative and effective therapeutic experience.

Service Provisions

Mount Etna Child and Family Services offers individualized therapy sessions designed to support your child's development through research-backed interventions. Services include:

- Applied Behavior Analysis (ABA) Therapy
- Speech and Language Therapy
- Occupational Therapy
- Social Skills Groups
- Parent Training and Support

Our team consists of experienced clinicians, including Board Certified Behavior Analysts (BCBAs), Registered Behavior Technicians (RBTs), Speech-Language Pathologists (SLPs), and Occupational Therapists (OTs).

Important Dates & Therapy Blocks

Mount Etna operates on a 12-14 week therapy block schedule to ensure structured intervention and goal progress monitoring.

- Winter Block: January 6 – March 28, 2025
- Spring Block: March 31 – June 27th 2025
- Summer Block (Camp): July 2nd – August 29th 2025
- Intake Week – September 2-12th 2025
- Fall Block: September 15th to December 19th
- Holiday Closure: December 22nd to January 2nd 2026

Breaks will be communicated in advance. Please ensure attendance consistency for optimal results.

Attendance & Cancellation Policy

Regular attendance is essential for effective therapy. To respect clinicians' time and ensure sustainable services, our cancellation policy is as follows:

Individual Therapy Sessions

- Cancellations made with at least 12 hours' notice and rescheduled within the same week will not be charged.
- Cancellations made with less than 12 hours' notice that cannot be rescheduled within the same week will result in a 50% session charge.



Group Sessions

- One free missed session per therapy block is permitted.
- All subsequent absences will be charged 50% of the session fee.

Excessive Absences

A maximum of 2 absences per block is allowed. If absences exceed this threshold, services may be paused at our discretion to ensure continuity and fairness.

Roles & Responsibilities

We welcome and encourage parental and interdisciplinary involvement in their child's therapy. Collaboration with all members of the child's circle of care (including educators, medical professionals, and other therapists) is essential to ensure a holistic and effective approach to intervention.

Parents are an integral part of the therapeutic process, and we strive to ensure frequent touchpoints with the Registered Behavior Analyst (BCBA). As part of our service model, parents will have at least three scheduled consultations per therapy block:

- Initial Goal Setup (at the beginning of the block)
- Mid-Block Review (to assess progress and make necessary adjustments)
- End-of-Block Review (to evaluate achievements and plan next steps)

Additional parent meetings can be scheduled at the discretion of the BCBA to ensure your child's therapy remains aligned with their evolving needs.

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- Initial Goal Setup (at the beginning of the block)
- Mid-Block Review (to assess progress and make necessary adjustments)
- End-of-Block Review (to evaluate achievements and plan next steps)

Additional parent meetings can be scheduled at the discretion of the BCBA to ensure your child's therapy remains aligned with their evolving needs.

To ensure a successful partnership in your child's therapy, we expect families to:

- Respect Clinician Time: Sessions begin and end promptly as scheduled.
- Ensure a Supportive Environment: Distractions should be minimized during therapy.
- Follow Recommendations: Consistency across settings (home, school, therapy) supports skill generalization.
- Provide Feedback: Open communication helps refine treatment goals and strategies.



Supervision Guidelines

As per the College of Psychologists and Behaviour Analysts of Ontario (CPBAO) regulations, clinical supervision is required for therapy services:

- Supervision takes place for 30 minutes weekly between the supervisor (RBA and the frontline clinician).
- Supervision may occur with or without the client present.
- Supervision sessions may be conducted in person or via telehealth (virtual sessions).
- Families may be invited to participate in some supervision sessions to provide input and receive guidance.

Telehealth Services

To accommodate families and ensure continuity of care, virtual therapy and supervision may be provided as part of the treatment plan. Families must ensure a stable internet connection and a distraction-free environment for effective telehealth services.

Termination of Services

Therapy services may be discontinued under the following circumstances:

- Failure to adhere to attendance policies (exceeding the absence threshold).
- Non-compliance with therapy recommendations affecting progress.
- Failure to meet financial obligations.
- Mutual agreement that goals have been met and services are no longer required.

Parent Communication & Contact Information

We encourage open communication to ensure the best support for your child. For scheduling, cancellations, or general inquiries, please contact our office at office@mountetnachildservices.com

By enrolling in services at Mount Etna Child and Family Services, parents acknowledge that they have reviewed and understood the policies outlined in this Parent Handbook. Additionally, parents must complete the services intake form and consent documents on Jane before therapy sessions begin.

We look forward to working with you and your child to support their growth and development. Thank you for choosing **Mount Etna Child and Family Services**.

Date

Client's Name

Caregiver Signature